



Lauren Hass

Motivational Speaker & Workshop Facilitator
Certified Professional Organizer (CPO)®
Founder of Clutter Kicker, LLC

Lauren is the trusted local authority on simplifying life through intentional organization. For more than ten years, she's been delivering engaging, top-rated presentations that blend expertise with empathy. She motivates her audiences to declutter their spaces, rethink their habits, and reclaim their time. Lauren's message goes beyond tidy closets and clear counters, she empowers and inspires people to create

environments that support their unique goals and promote wellbeing.

Lauren currently serves as President of the Connecticut chapter of NAPO, the National Association of Productivity and Organizing Professionals.

Signature topics

- 👉 Kick Your Clutter: From Overwhelmed to Organized
- 👉 Kick Your Clutter: Getting Your Family Organized
- 👉 Kick Your Clutter: Downsizing Starts Now
- 👉 Time Management & Productivity
- 👉 Sustainable Decluttering: Clearing Your Space, Protecting the Planet
- 👉 Procrastination: Stop Stalling, Start Kicking
- 👉 Get Unstuck in Health and Home
(with Holistic Health Coach, Cindy Kane)



Compelling. Credible. Charismatic.

Contact me to schedule!

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Formats

Workshop, Training, Breakout session, Panel discussion, Podcast guest, Roundtable, Q&A, Lunch & Learn, Retreat

Length

60 or 90 minute presentations

Other

Customizable upon request

Audience feedback



"Lauren is a fantastic public speaker. I invited her to speak to my entrepreneurship class of 50 teens at Yale about her business. Teens are a hard audience to impress, but she clearly did it. I can't recommend Lauren enough."

-Seth, GapWell, Presentation Organizer

"Lauren was engaging, humorous and helpful, and addressed questions, and challenges individually. Everyone left inspired and ready to tackle their projects efficiently and effectively!"

-Kristy, The Woodbridge Center, Presentation Organizer

"I am unbelievably impressed with how inspiring Lauren is in her methodology and presentation. She makes organization sound so easy and really encouraged me to accomplish what I have been promising myself to do for years! She presents her suggestions in a non-judgmental and pragmatic manner and gives you the impetus to start something that suddenly doesn't seem insurmountable!"

-Sue, Presentation Participant

"Lauren gave a wonderful presentation at our library on kicking clutter! Her presentation was clear, concise, and very informative. I received lots of positive feedback from patrons who said they were already putting her tips to use! Highly recommend."

-Rebecca, Case Memorial Library, Presentation Organizer

"Lauren's level of knowledge, energy, commitment to sustainability, and empathetic approach to decluttering continue to amaze me. She's a great coach who hones in on her clients' goals and challenges to help them achieve the serenity that comes with decluttering. Plus, her speaking events are always fun, helpful, and inspiring."

-Ilene, Presentation Participant

Speaking & media highlights...

